

# LEG 11 "ACROSS THE MASON-DIXON LINE"

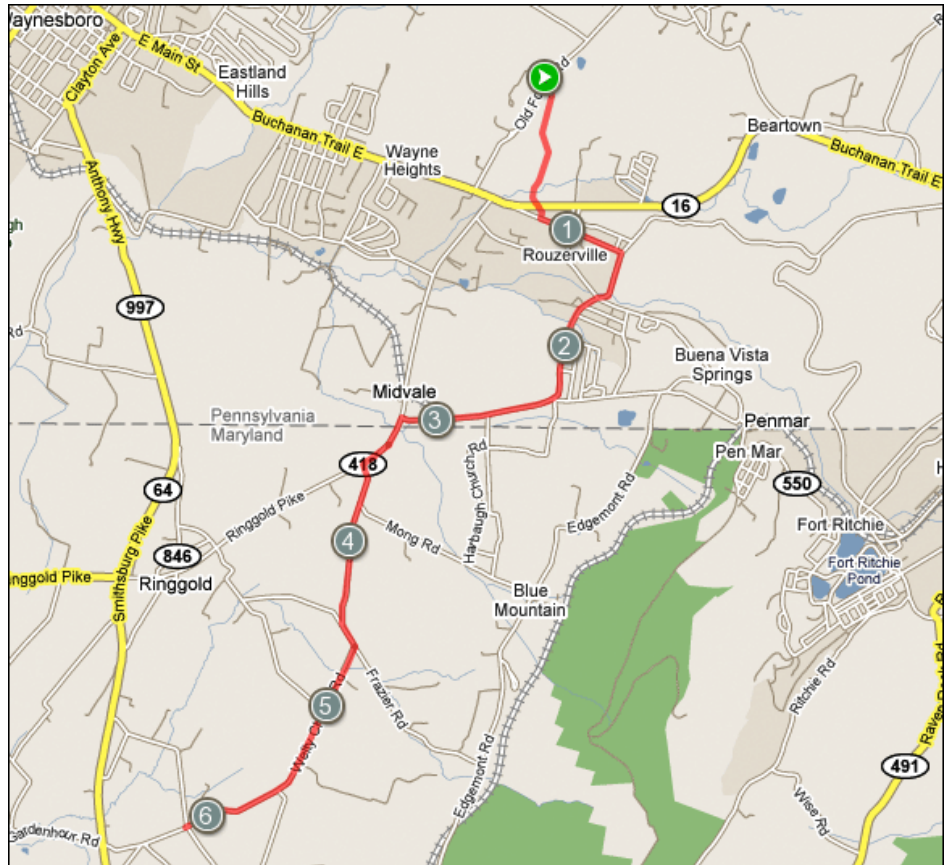
5.6 MILES | MEDIUM



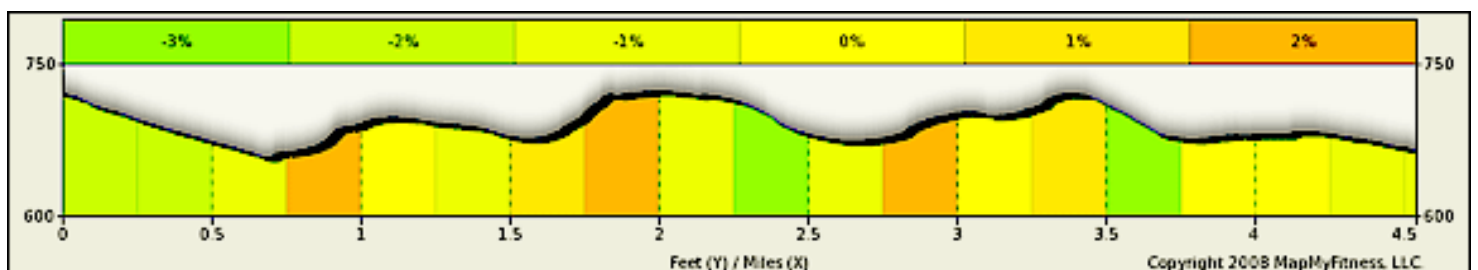
## RUNNERS

Mileage is per segment, not cumulative

1. Leave transition area and make an immediate right on Washington Township Blvd. and cross Buchanan Trail (rt. 16) at .2. Lots of traffic, wait for light!
2. Continue for .1 to the end to
3. Left on Old Rt. 16 for .5 to end (road veers left, but don't follow), instead turn
4. Right on Waterloo. At Stop sign continue straight. Turns into Harbaugh Church Rd. Take to end for 1.8 total on this segment to left on
5. Midvale (run on left side) for .3 to
6. Left on Rinehart. Bear left on Watery for a total of 1.0 for the segment to
7. Right on Welty Church for 1.7
8. To transition at Welty Church of the Brethren on left, just after Kretsinger.



**ELEVATION:** min: 640ft | max: 745ft | ascent: 148ft | descent: -203ft



AMERICAN ODYSSEY RELAY

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## VANS

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1. Leave transition area and make an immediate right on Washington Township Blvd. and cross Buchanan Trail (rt. 16) at .2. Lots of traffic, wait for light!
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8. To transition at Welty Church of the Brethren on left, just after Kretsinger.

### POINTS OF INTEREST:

Crossing Rt. 16 may be a bit tricky, runners need to be alert to heavy traffic and wait for the light! There is also a .3 of a mile section on Midvale where the traffic will move rapidly. There is a huge breakdown lane and the runner should run on the left as the next turn will come up quickly on the left.

There will be rest rooms at the Welty Church of the Brethren. Parishioners may sell food and drinks as well.

Many 2009 AOR runners thought this leg was among the prettiest (it was leg 10 in 2009).