

# LEG 12

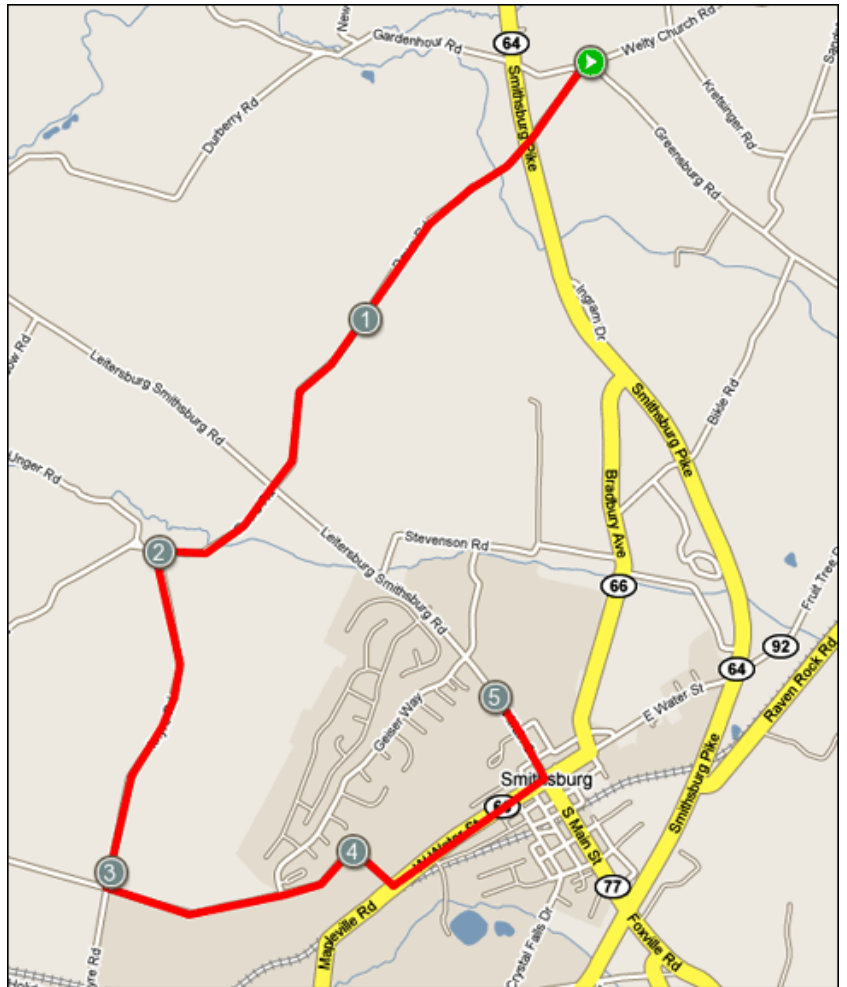
5.1 MILES | MEDIUM



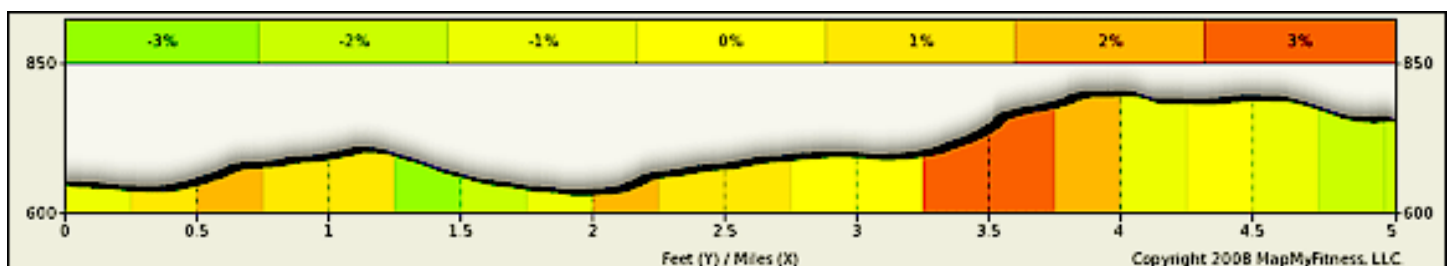
## RUNNERS

Mileage is per segment, not cumulative

1. Out of Welty Church of the Brethren about 50 feet past Greensburg to
2. Make a left on Rowe — cross rt. 64 — for 2.1 to
3. Left on Itnyre for 1.0 to first
4. Left on Cave Hill for 1.0 to end (no sign) to
5. Left on Water for .5 to
6. Left on Main for .2 to
7. Right on E. School Lane for .2 to
8. Continue on gravel path for .1 to track at Smithsburg High School



**ELEVATION:** min: 620ft | max: 807ft | ascent: 246ft | descent: -141ft



# LEG 12

5.1 MILES | MEDIUM

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## VANS

Mileage is per segment, not cumulative

1. Out of Welty Church of the Brethren about 50 feet past Greensburg to
2. Make a left on Rowe — cross rt. 64 —for 2.1 to
3. Left on Itnyre for 1.0 to first
4. Left on Cave Hill for 1.0 to end (no sign) to
5. Left on Water for .5 to
6. Left on Main for .2 to
7. Right on E. School Lane for .2 to
8. Continue on gravel path for .1 to track at Smithsburg High School

## POINTS OF INTEREST:

Bathroom facilities will be available at Smithsburg High track.