

AMERICAN ODYSSEY RELAY

LEG 16

"The Leg Formerly Known as
Coach Becky's Kick Butt Workout!"

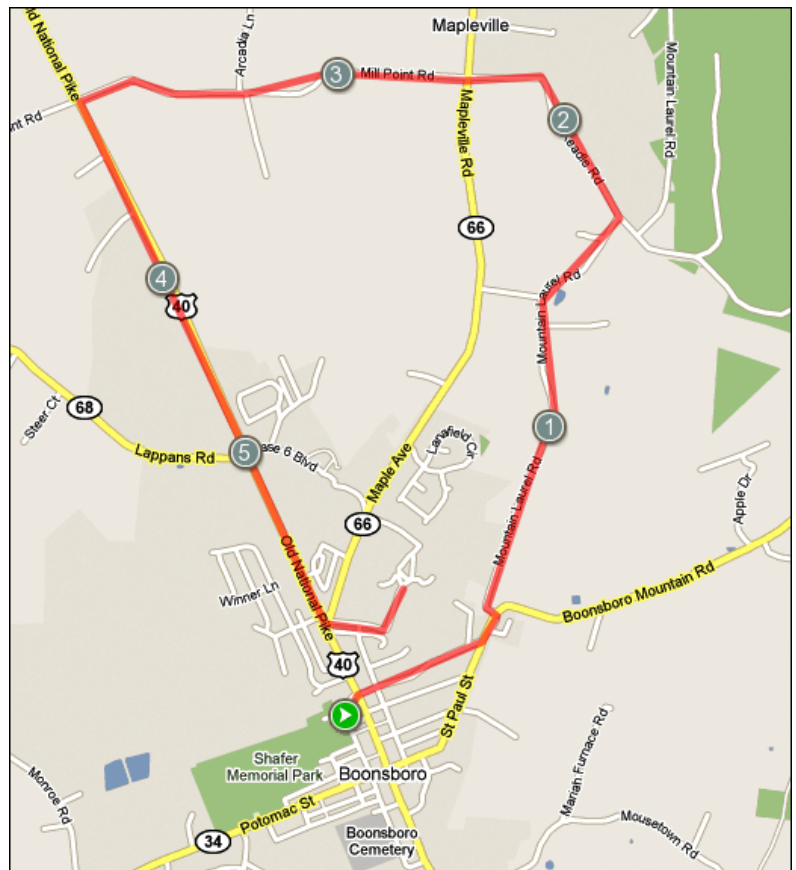
5.7 MILES | MEDIUM



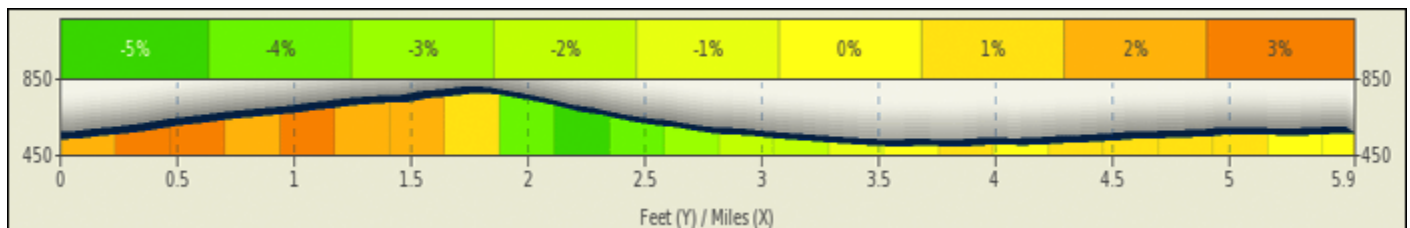
RUNNERS

Mileage is per segment, not cumulative

1. Leave Shafer Memorial Park out Park Lane .1
2. Cross Main up Orchard .4 to end
3. Left on St. Paul (leg 17 goes right here don't get confused!), then first immediate
4. Left on Mt. Laurel for 1.2 to the end to
5. Left on Keadle for .7 and cross Rte. 66 where road changes to Mill Point
6. Continue 1.2 to
7. Left on Old National Pike (alt. 40) for 1.75 to
8. Left on Maple for 50 feet to
9. Right on Campus for .3 to
10. Transition behind Boonsboro Elementary School



ELEVATION: min: 489ft | max: 823ft | ascent: 318ft | descent: -292ft



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VANS

Mileage is per segment, not cumulative

1. Leave Shafer Memorial Park out Park Lane .1
2. Cross Main up Orchard .4 to end
3. Left on St. Paul (leg 17 goes right here don't get confused!), then first immediate
4. Left on Mt. Laurel for 1.2 to the end to
5. Left on Keadle for .7 and cross Rte. 66 where road changes to Mill Point
6. Continue 1.2 to
7. Left on Old National Pike (alt. 40) for 1.75 to
8. Left on Maple for 50 feet to
9. Right on Campus for .3 to
10. Transition behind Boonsboro Elementary School