

# LEG 26 “W Squared”

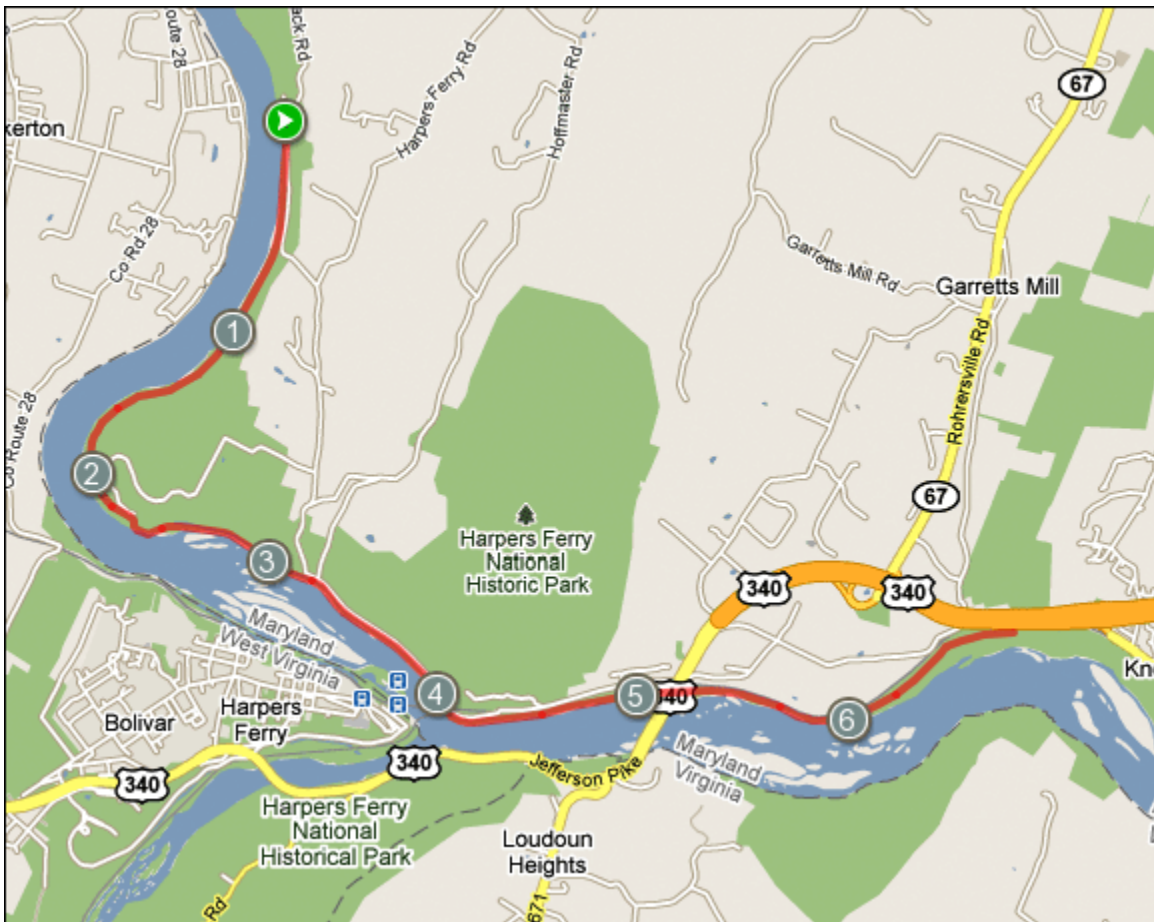
6.9 MILES | MEDIUM



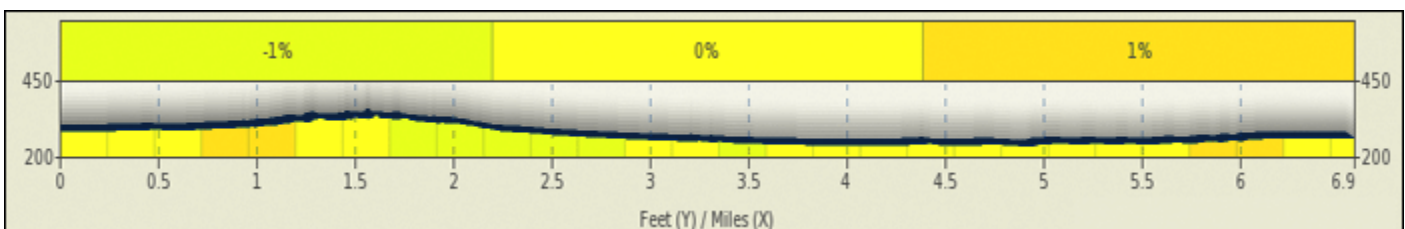
## RUNNERS

Mileage is per segment, not cumulative

1. C & O Canal Dargan Bend to Weverton.



**ELEVATION:** min: 210ft | max: 417ft | ascent: 148ft | descent: -171ft



AMERICAN ODYSSEY RELAY

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6.9 MILES | MEDIUM

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## VANS

Mileage is per segment, not cumulative

Leave transition and head right on Back Road in opposite direction from which you arrived. Turn right on Harpers Ferry Road (the road is narrow here) at about .9. It eventually becomes Sandy Hook Road. Take a right at Keep Tryst Road at 4.8 (total since you left transition). There is a big red barn here and a Stop sign. Take Keep Tryst to the bottom of the hill (1.0 from the previous turn) and park your van and walk straight ahead to the Canal. Keep Tryst is essentially a U shaped road. Park as close to the bottom as you can, but do know that there is parking all the way up Keep Tryst toward 340.

### POINTS OF INTEREST:

This transition can be easy to miss, so be careful. If you end up on Jefferson National Pike (340), you've gone too far. Turn around!

This leg is named for running partners Alan Weiner and David Wittenstein. Even they shouldn't be able to get lost on the second towpath leg!