

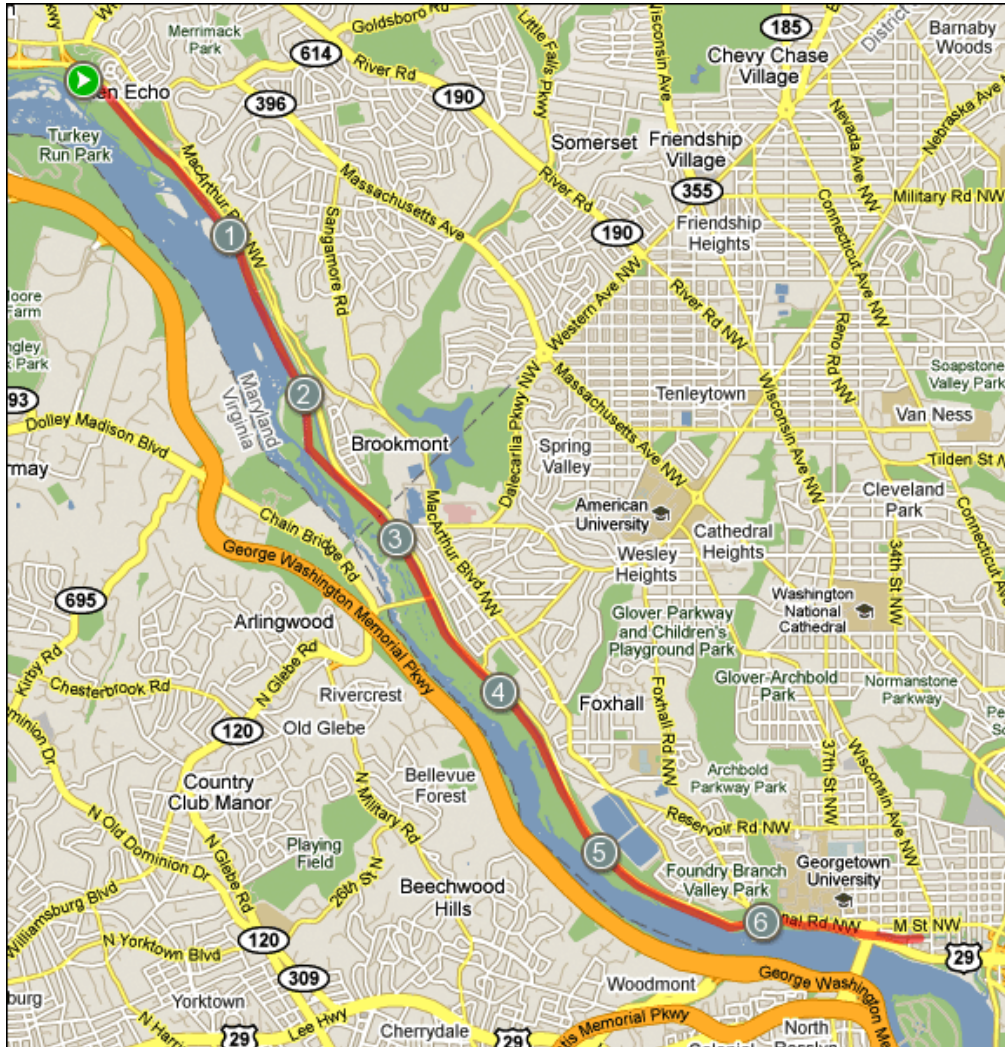
# LEG 35 "PHYLLIS' FAVORITE"

6.8 MILES | MEDIUM

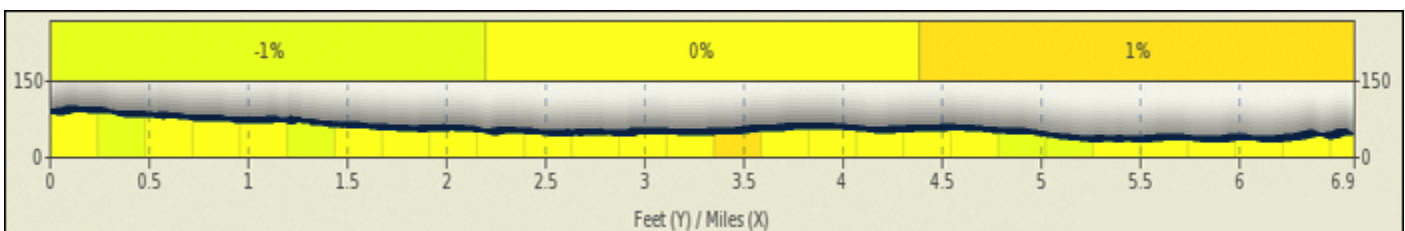


## RUNNERS

### 1. C & O Canal Wilson Lane to Georgetown



**ELEVATION:** min: 10ft | max: 105ft | ascent: 92ft | descent: -31ft



AMERICAN ODYSSEY RELAY

# LEG 35 “PHYLLIS’ FAVORITE”

6.8 MILES | MEDIUM



## VANS

Continue on MacArthur Blvd. being careful to obey speed limit as there are speed cameras once you cross into DC. Stay on MacArthur Blvd. all the way to the end, which is about 6 more miles, and then bear right onto Foxhall. Take Foxhall to the bottom of the hill and continue on Canal Road. Take Canal Road (which changes to M Street) just under one mile to Wisconsin Ave. You will pass the Key Bridge along the way. Turn right on Wisconsin and go to the bottom of the hill. Turn right and look for the AOR volunteer near the parking garage. To get to the transition area, go two or three blocks beyond the parking garage and make a right up the short hill to the Canal.

## POINTS OF INTEREST:

This is pretty close to where the race director's wife spends much of her time. Gotta name one after the wife!!