

LEG 8

“FAIGEN'S FROLIC”

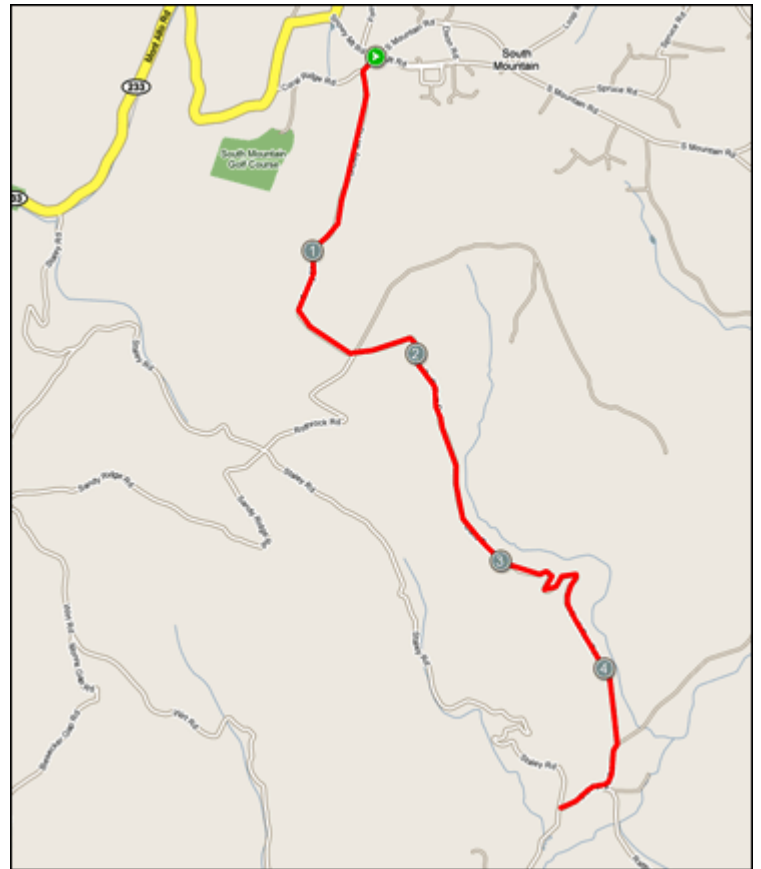
4.9 MILES | HARD



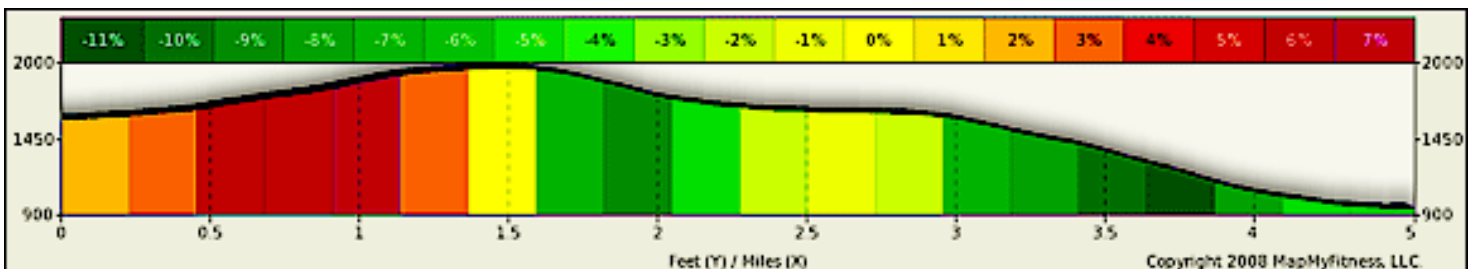
RUNNERS

Mileage is per segment, not cumulative

1. Follow dirt road .1 to
2. Left on Snowy Mountain (dirt road) for 1.6 to continue on
3. Swift Run for 2.9 to
4. Right on Old Forge for .3 to Old Forge picnic area on left
5. Run through picnic area to transition near the end of dirt road



ELEVATION: min: 932ft | max: 1972ft | ascent: 377ft | descent: -1017ft



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VANS

Mileage is per segment, not cumulative

NOTE: If your runner wants company then you may follow him/her. Drive behind runner to avoid kicking up lots of dust. . . . or go ¼ to ½ mile ahead. If you do this, make certain to immediately drive ahead once you reach the paved road (Old Forge) as it's only .3 and your runner will be there quickly!

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2. Left on Snowy Mountain (dirt road) for 1.6 to continue on
3. Swift Run for 2.9 to
4. Right on Old Forge for .3 to Old Forge picnic area on left

POINTS OF INTEREST:

This is a beautiful run on a rugged dirt road through Michaux State Forest. Trail shoes are strongly suggested. It's almost all uphill and then all downhill. No flat terrain to speak of. Virtually everyone will get to this leg during daylight hours. However, if you do get here after dark, the van must accompany you and should stay approximately 50-100 yards behind you to help illuminate the way.

This leg is named after our running partner, Gary Faigen. I have no idea why.